

Looking Upward



Through the
Storms of Life

Woe to me, that I sojourn
that I dwell among the
Too long have I had my dw
among those who hate p
I am for peace,
but when I speak, they are
My Help Comes from the LORD
121 A SONG OF ASCENTS.
I lift up my eyes to the hills.
From where does my help come?
My help comes from the LORD,
who made heaven and earth.
He will not let your foot be moved
he who keeps you will
old, he who ke
ill neir

Looking Upward



“Sorrow looks
back, Worry
looks around,
Faith looks up.”-
Emerson

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Sorrow Looks Back

- Sorrow inhibits you from moving forward
- Sorrow can make it hard to look up
- Sorrow sees no solution

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Worry Looks Around

- Worry creates an unnecessary distraction
- Worry is cumbersome
- Worrying makes things worse

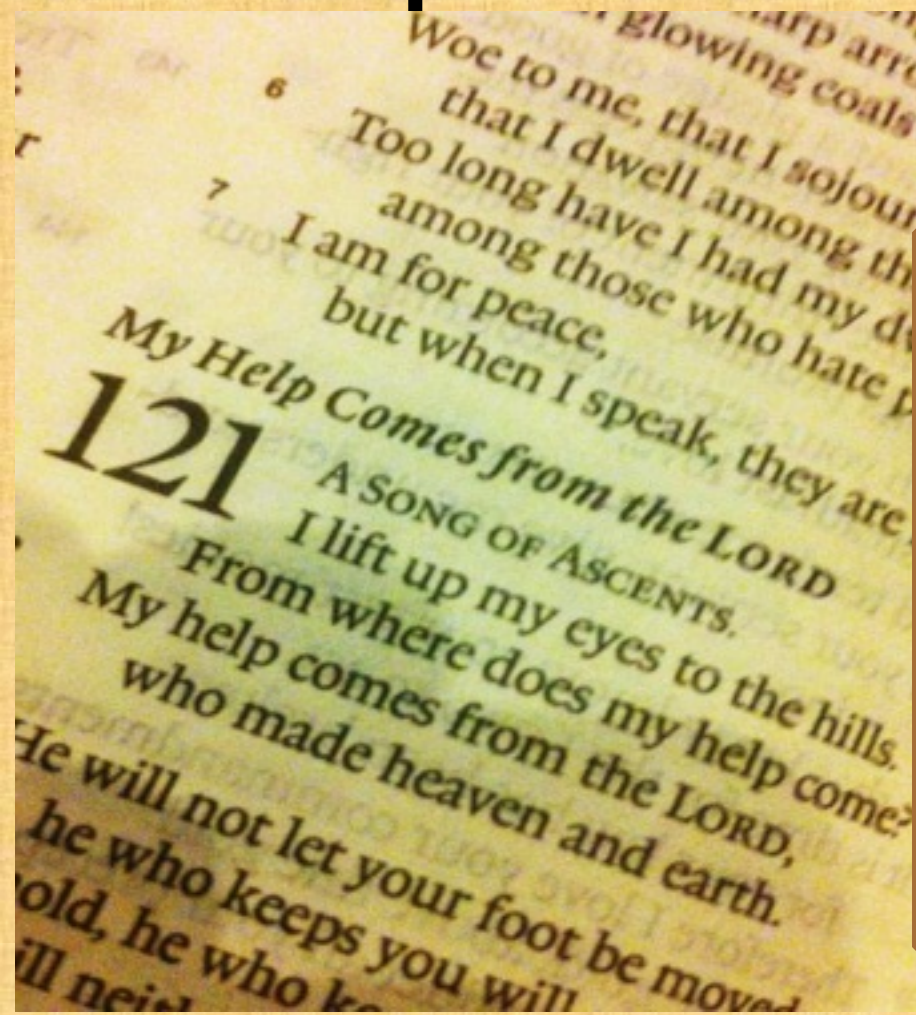
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Faith Looks Up

- Look up to receive comfort & rest
- Look up to receive guidance
- Look up for motivation



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Look up and
you will be
delivered just
as Christ was!

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